

## Applied Psychology - Mental Health Services

ASSOCIATE OF APPLIED SCIENCE DEGREE (AAS)

REQUIRED CREDITS: 60

DEGREE CODE: MHCSBHSAAS

### DESCRIPTION

The Applied Psychology degree offers a broad foundation in direct service provision of quality mental health and other community services as well as a choice of more specialized service areas including addiction services, aging services, behavioral health/mental health services, child and family services, community social services, disability services, and supervisory services. The degree program is interdisciplinary in nature and is designed to prepare students for direct service careers in a variety of public, nonprofit, or private mental health or community service organizations. The program offers students opportunities for practical application of learning within an academic framework of respect for diversity, utilizing current ethical and community best practices standards. Job growth in these areas of direct service paraprofessional careers is estimated to be above average in the foreseeable future.

### STUDENT LEARNING OUTCOMES

- Demonstrate the fundamental knowledge, skills, and standards currently required for direct services in mental health and various community services.
- Analyze individual service goals, behavior, strengths, needs, planning, and implementation strategies related to current service models.
- Apply knowledge of best practices and ethical standards in planning and implementation of service plans in mental health and community services.
- Develop knowledge and skills in one or more specialized service areas of mental health and/or community services.

**PLEASE NOTE** - The courses listed below may require a prerequisite or corequisite. Read course descriptions before registering for classes. All MATH and ENG courses numbered 01-99 must be completed before reaching 30 total college-level credits. No course under 100-level counts toward degree completion.

### GENERAL EDUCATION REQUIREMENTS (22 CREDITS)

#### MATHEMATICS (3 credits)

MATH 104B or above (except MATH 122, 123)

#### ENGLISH COMPOSITION (3-5 credits)

See AAS policy p. 48 for courses

#### COMMUNICATIONS (3 credits)

BUS 108; COM 101, 102, 115, 215; ENG 102, 114, 205; JOUR 102; THTR 105

#### HUMAN RELATIONS (3 credits)

Required: PSY 101 General Psychology

#### NATURAL SCIENCE (3 credits)

See AAS policy p. 48 for courses

#### FINE ARTS/HUMANITIES/SOCIAL SCIENCES (3 credits)

See AAS policy p. 49 for courses

#### U.S. AND NEVADA CONSTITUTIONS (4-6 credits)

See AAS policy p. 49 for courses

### SPECIAL PROGRAM REQUIREMENTS (38 CREDITS)

#### CORE REQUIREMENTS (29 credits)

CPD 117	Introduction to Counseling	3
CPD 120	Treatment Planning Case Management	2
CPD 201	Crisis Communication Skills	3
MHDD 101	Role of the Technician	1
MHDD 102	Medical Component	1
MHDD 107	Medication Fundamentals	2
MHDD 109	Introduction to Therapeutic Interventions	2
MHDD 127	Positive Behavior Supports	2
MHDD 150	Issues in Substance Abuse	1
MHDD 153	Life Span Development	1
MHDD 154	Advanced Therapeutic Interventions	2
MHDD 299	Capstone Project	3
PSY 102	Psychology of Personal and Social Adjustment	3
PSY 241	Introduction to Abnormal Psychology	3

#### ELECTIVES (choose 9 credits)

CPD 116	Substance Abuse: Fundamental Facts and Insights	3
CPD 133	Small Group Interaction - Group Counseling	3
CPD 220	Dual Diagnosis	3
MHDD 103	Psychopathology and Developmental Disabilities	1
MHDD 152	Allied Therapies	1
MHDD 160	Understanding Mental Illness	2
MHDD 295	Practicum	3

See Degree Plan on next page.

- NOTE**
- Course numbers with the “B” suffix may be non-transferable for a NSHE baccalaureate degree.
  - Course numbers with the “H” suffix are designated Honors-level courses and can be used to fulfill equivalent general education requirements. For more information visit [www.csn.edu/honors](http://www.csn.edu/honors).
  - In no case, may one course be used to meet more than one requirement except for the Values and Diversity general education requirement (only AA, AS, and AB degrees) which may be used to fulfill the corresponding general education or emphasis requirement.
  - Students may elect to graduate using the degree requirements in effect at the time of matriculation, or when they declared or changed major or the current catalog. If a program is official after a student has matriculated, the student may choose the degree requirements of the new program. In no case may a student use a catalog which is more than six years old at the time of graduation.



**Applied Psychology - Mental Health Services**

ASSOCIATE OF APPLIED SCIENCE DEGREE (AAS)

REQUIRED CREDITS: 60

DEGREE CODE: MHCSBHSAA5

**FULL-TIME STUDENT DEGREE PLAN**

*Add more semesters to modify this plan to fit part-time student needs.*

<b>FIRST SEMESTER</b>	<b>Credits</b>
Complete Mathematics (see courses previous page)	3
Complete AAS English Composition p. 48	3-5
PSY 101 General Psychology	3
Complete AAS Natural Science p. 48	3
MHDD 101 Role of the Technician	1
MHDD 109 Introduction to Therapeutic Interventions	2
<b>TOTAL CREDITS</b> .....	<b>15-17</b>

<b>SECOND SEMESTER</b>	<b>Credits</b>
Complete Communications (see courses previous page)	3
Complete AAS Fine Arts/Humanities/Social Science p. 49	3
CPD 117 Introduction to Counseling	3
MHDD 102 Medical Component	1
MHDD 107 Medication Fundamentals	2
PSY 102 Psychology of Personal and Social Adjustment	3
<b>TOTAL CREDITS</b> .....	<b>15</b>

<b>THIRD SEMESTER</b>	<b>Credits</b>
Complete AAS US/Nevada Constitutions <sup>1</sup> p. 49	4-6
CPD 120 Treatment Planning Case Management	2
CPD 201 Crisis Communication Skills	3
MHDD 127 Positive Behavior Supports	2
MHDD 150 Issues in Substance Abuse	1
Complete Electives (see courses previous page)	3
<b>TOTAL CREDITS</b> .....	<b>15-17</b>

<b>FOURTH SEMESTER</b>	<b>Credits</b>
MHDD 153 Life Span Development	1
MHDD 154 Advanced Therapeutic Interventions	2
MHDD 299 Capstone Project	3
PSY 241 Introduction to Abnormal Psychology	3
Complete Electives (see courses previous page)	6
<b>TOTAL CREDITS</b> .....	<b>15</b>

**DEGREE PLAN TOTAL CREDITS**..... **60-64**

<sup>1</sup>PSC 101 completes this requirement at 4 credits. If you choose the HIST option, complete HIST 101 or 111 in the 3rd semester and HIST 102 or 217 in the 4th semester.

